



## RECUPERATIVE CARE CENTER

175 Branch Street  
Pontiac, MI 48341  
Phone: 248 499 6437  
Fax: 248 499 6828

### What is Recuperative Care?

Recuperative Care is a voluntary program operated & staffed by HOPE Hospitality & Warming Center, Inc. that provides emergency shelter, meals, case management and medical care to homeless persons who are recovering from an acute illness or injury. The program offers short-term care to patients with conditions that would be exacerbated by living on the street, in shelters or other unsuitable places. **This is a discharge from inpatient hospitalization only.**

\*HOPE Recuperative Center is not a skilled nursing facility. Please review the attached admission criteria.

### Who can make a referral?

A social worker, registered nurse or health care provider from *inpatient hospital* may call to initiate a referral and check on bed availability. Patients may not self-refer.

### When to make a referral:

Referrals are accepted from 8 AM - 5 PM Monday thru Friday.

### Making a referral:

**Contact the Recuperative Center at (248) 499 6437.** If a bed is available, the referring hospital will be asked to **fax** discharge papers, nursing notes and any labs to HOPE Recuperative Center at **248 499 6828.**

### What happens next?

Once the paperwork is faxed to HOPE Recuperative, the staff will determine if the patient meets the HRCC admission criteria. After review, the hospital staff will be notified (within a few hours) of **preliminary acceptance** or denial. If approved, please indicate the approximate discharge time from the hospital. The homeless individual must be transported to HOPE Recuperative via taxi to 175 Branch, Pontiac, MI 48341. We prefer that new admissions are at the Recuperative Care Unit by 4:30 PM Mon-Fri. **Other arrangements must be approved by the Recuperative Program Manager.**

### **HOSPITALS MUST PROVIDE PATIENTS DISCHARGED TO RECUPERATIVE CARE WITH THE FOLLOWING:**

- **Patients MUST BE PROVIDED a 30-day supply of all necessary medication unless a shorter course of administration is recommended.**

- Patients **MUST BE PROVIDED** with assistive device for ambulation if prescribed by referring facility.
- Medical supplies for the patient (type/amount to be determined by patient need/condition)

## **PROGRAM GUIDELINES: Admission Criteria**

Patient must:

- Be homeless
- Patients must be alert and oriented x 3.
- Be willing to come to HOPE Recuperative and willing to follow the shelter rules; those with guardians must have the guardian's written permission
- Have an acute medical illness, injury or recovering from surgery
- Be fully detoxed when necessary and willing to maintain sobriety during the stay at HRCC
- Be independent in the Activities of Daily Living and medication administration
- Be willing to see the Registered Nurse every day and comply with medical recommendations
- Be willing to work with us to establish an outpatient provider and go to follow up appointments
- Be bowel and bladder continent or able to use adult diapers without assistance
- Be medically and psychiatrically stable enough to receive care in our Recuperative Care facility.
- Patient must not be suicidal or homicidal.
- Have a condition with an identifiable end point of care for discharge.
- Patients must be able to walk to the dinner table and the bathroom.
- Patients must be able to shower independently.
- Patients requiring wound care or dressing changes must be followed by a home health care nurse so that adequate supplies will be available. Referrals must be made for Home Health Care services at the admitting hospital.
- Patients must have a 30 day supply of all medications.

## **Exclusion Criteria**

- **No admission is accepted from psychiatric hospitals/facilities/or behavioral health units of a hospital; those referrals should be directed to HOPE Adult Shelter on Baldwin. A phone call to 248 499 7345 to ascertain appropriateness of the referral must precede the referral.**
- **This is not a substance abuse rehab facility**
  - **Active substance abusers unable or unwilling to abstain during the Recup Care process**
  - **Patients with unstable medical or psychiatric conditions that require an inpatient level of care.**
  - Patients with a primary diagnosis of a psychiatric illness will not be admitted to the recuperative center. The Recuperative center specifically addresses the needs of medical/surgical patients.
  - Patients with IV access lines will not be admitted to the recuperative center.
  - Patients with active infectious diseases such as VRE, C Diff and MRSA will not be admitted.

## **PROGRAM GUIDELINES: Required Documentation to be Faxed**

- Initial history, physical and discharge summary
- All pertinent labs and other related clinical and diagnostic studies.
- Psychiatric or substance abuse consultations.

- All pertinent social service information
- Follow up appointments for specialty care, if applicable
- TB status or other ID disclosure. (MRSA, VRE, etc)
- Public Communicable Disease Disclosure
- Medication Reconciliation Form (with frequency and dosage of administration.)
- A 30-day supply of all necessary medication unless a shorter course of administration is recommended.
- Assistive device for ambulation if prescribed by referring facility.
- Medical supplies for the patient (amount to be determined by patient need/condition)