



HOPE RECUPERATIVE CARE CENTER
1416 Joslyn Ave.
Pontiac, MI 48340
Phone: 248 499 6437
Fax: 248 499 6828

What is Recuperative Care?

HOPE Recuperative Care Center is a specialty shelter for those who are homeless but need a “discharge to home” option from an inpatient hospital setting. Recuperative Center services are designed to fill the void in the healthcare delivery system for patients that do not have a safe, clean place to recuperate. HOPE Recuperative Care Center (HOPE RCC) provides emergency shelter, meals, service navigation and medical oversight to homeless persons who are recovering from an acute illness or injury. The program offers short-term care to patients with conditions that would be exacerbated by living on the street, in shelters or other unsuitable places. **This program is a discharge from inpatient medical hospitalization only. Tours available upon request (248-499-6437).**

HOPE RCC is not a skilled nursing facility. Please review the attached admission criteria.

Who can make a referral?

A social worker, registered nurse or health care provider from partner *inpatient hospital* may call to initiate a referral and check on bed availability. Patients may not self-refer.

When to make a referral?

Referrals are accepted Monday through Friday from 8 AM - 5 PM.

How to make a referral?

Contact HOPE RCC at (248) 499 6437. If a bed is available, the referring hospital will be asked to fax initial history, nursing notes, and labs to HOPE RCC at **248 499 6828.**

What happens next?

Once the paperwork is faxed to HOPE RCC, the interdisciplinary team will review and determine if the patient meets the admission criteria. After team review, the hospital staff will be notified of **preliminary acceptance** or denial. The Oakland County Public Health Nurse from the Homeless Advocate Program will call to schedule an independent assessment and to visit with patient. The team will the PHN assessment and make a final determination based on bed availability and patients level of care needed. If approved, an intake date and time will be scheduled. The individual must be transported to HOPE RCC via taxi/medical transportation to 1416 Joslyn Ave, Pontiac, MI 48341.

We prefer that new admissions are at the HOPE RCC by 4:00 PM Mon-Fri. **Other arrangements must be approved by the Recuperative Center Manager.**

HOSPITALS MUST PROVIDE PATIENTS DISCHARGED TO HOPE RCC WITH THE FOLLOWING:

- **Patients MUST BE PROVIDED a 30-day supply of all necessary medication unless a shorter course of administration is recommended.**
- **An order stating the patient needs HOPE Recuperative Care Center from discharging doctor.**
- **Patients MUST BE PROVIDED with assistive device for ambulation if prescribed by referring facility.**
- **Medical supplies for the patient (type/amount to be determined by patient need/condition)**
- **Patients requiring wound care or dressing changes must be followed by a home health care nurse so that adequate supplies will be available. Referrals must be made for Home Health Care services at the admitting hospital.**

Admission Criteria

Patient must:

- Be homeless
- Have an acute medical illness, injury or recovering from surgery that prevents them from being discharged to emergency shelter. Have a condition with an identifiable end point of care for discharge. Be able to establish a short term medical goal.
- Be willing to come to HOPE RCC and willing to follow the shelter rules; those with guardians must have the guardian's written permission
 - Be willing to see the HOPE RCC Clinic Coordinator every day and comply with medical recommendations
 - Be willing to work with us to establish a Primary Care Physician and maintain follow up appointments
- Be fully detoxed when necessary and willing to maintain sobriety during the stay at Hope RCC
- Be independent in the Activities of Daily Living and medication administration
 - Patients must be able to walk to the dinner table and the bathroom.- if they are in a wheelchair they must be able to transfer themselves without assistance.
 - Patients must be able to shower independently.
 - Be bowel and bladder continent or able to use adult diapers without assistance
- Be medically and psychiatrically stable enough to receive care in our Recuperative Care facility.
 - Patients must be alert and oriented x 3.
 - Patient must not be suicidal or homicidal.
- Patients with a primary diagnosis of a psychiatric illness will not be admitted to the Recuperative Center. The Recuperative center specifically addresses the needs of medical/surgical patients.

Exclusion Criteria

- No admission is accepted from psychiatric hospitals/facilities/or behavioral health units of a hospital; **those referrals should be directed to *HOPE Adult Shelter* (249 Baldwin Ave). Please call to 248 499 7345 to ascertain appropriateness of the referral and bed availability.**
- This is not a substance abuse rehab facility
Sobriety is a requirement to stay at HOPE RCC as it is important to the medical recovery process.
- Patients with unstable medical or psychiatric conditions that require an inpatient or skilled nursing level of care.
- Patients with active infectious diseases such as VRE, C Diff and MRSA will not be admitted

Required Documentation to be Faxed to HOPE RCC 248-499-6828

- Initial history & physical , nurses notes, labs
- Psychiatric or substance use consultations/assessments
- OT/PT notes
- All pertinent social service information
- TB status or other ID disclosure. (MRSA, VRE, etc)
- Public Communicable Disease Disclosure
- Discharge Summary once patient is discharged to HOPE RCC
- Medication Reconciliation Form (with frequency and dosage of administration.)

If you have any questions about a particular patient discharge please feel free to call HOPE RCC at 248-499-6437.

Tours available upon request (248-499-6437).